

Pinewood Home Care Services Service Menu and Rate Sheet

Rates are billed in 15 minute increments. There is a one hour minimum service charge for all direct care visits. Clients will also be billed the first 15 minutes for the In-Home Support Specialists travel time from Pinewood Home Care Services home office to the client's home.

Homemaking Services

\$22.00 per service hour

- Routine housekeeping
- Help with laundry/ironing
- Take out the garbage
- Changing bed linens
- Making bed
- Dust/polish furniture
- Vacuum
- Washing windows
- Help with clothing selection
- Help with pet care
- Care for houseplants
- Oversee home deliveries
- Clean out refrigerator
- Clean oven and microwave
- Record/arrange recipes
- Check food expirations
- Organize and clean closets
- Plan, prepare and clean up meals
- Assist with feeding
- Wash dishes
- Monitor diet and eating habits
- Help with grocery list
- Clip coupons for shopping
- Help clean the bathroom

Reminder/Telephone Reassurance

\$75 per month for daily services

- Call to remind about:
- Birthdays
- Anniversaries
- Appointments
- Special family dates
- Daily Medication and treatment reminders
- General safety monitoring

Personal Care

\$22.00 per service hour

- Assist with bathing
- Assist with dressing
- Assist with skin care
- Assist with special diet and eating
- Assist with grooming
- Assist with oral care
- Assist with transferring and positioning
- Assistance to the bathroom
- Assist with and monitor cognitive impairment
- Assist with walking and exercise programs
- Provide medication reminders
- Assist with ostomy or catheter care
- Incontinent care
- Assist with shampoo/shaving
- Nail care for non-diabetics
- Assist with morning wake up/ evening care
- Alzheimer's Care
- * Overnight monitoring/assistance

Chore Services

\$40-\$50.00 per service hour FREE ESTIMATES

- Mow lawn
- Plow driveway and clean up snow
- Packing
- Organizing
- Minor home repair
- Yard services/ raking
- Painting
- Light carpentry
- Ramp building and installation
- Installation of adaptive equipment

* Rates to be determined based on client need.

Companion Services

\$22.00 per service hour

- Companionship and conversation
- Help with crafts
- Play games and cards
- Socialization
- Help with reading or sorting mail/paperwork
- Help with bill paying
- * Assist with navigating health insurance or medical resources
- Help with reading
- Help with entertaining
- Monitor TV usage
- Write letters and correspondence
- Rent/play movies
- Mind stimulation games
- Help answering the telephone or reviewing messages
- Assist with computer/internet/email use

Transportation

\$22.00 per service hour plus \$.75 per mile for PHCS vehicles

- Escort to/from airport
- Escort/Attend Plays and Concerts
- Drop off/pick up dry cleaning
- Drop off/pick up prescriptions
- Escort for shopping and errands
- Escort to religious services
- Escort/attend club meetings and sporting events
- Escort to appointments
- Plan, transport, attend activities with family/friends

Please ask us if there is a service you are interested in that is not listed on our Service Menu.

Susan Bell, Administrator
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